THE ARTS + FACT SHEET

# POSITIVE EFFECTS OF ARTS EDUCATION ON HEALTH AND WELLNESS

# **IMPACT POINTS**

In 75% of communities, the arrival of new arts organizations correlates with reduced income disparity.

From 2000-2010, more than 75% of diverse, low-income, and highly disadvantaged neighborhoods with new arts organizations saw reductions in income disparity.

# 43% believe the arts help.

Almost half of frontline clinical staff believe that the arts have a positive effect on healing.

# 900% savings by funding after school programs.

For every \$1 spent on after school programs, a community can save up to \$9 on reduced costs for welfare and crime prevention.

# More than 8 out of 10 say art therapy helps.

85% of military patients who have access to art therapy say it was helpful in their healing.

# 24% say the arts improve clinical outcomes, 43% that they have a positive effect.

Forty-three percent of frontline clinical staff believe that the arts have a positive effect on healing and 24% say the arts improve clinical outcomes.

# 45% average increase in reported health.

Students participating in the Kaiser Permanente Educational Theater Program show a correct answer increase of, on average, 45% in health-related questions.

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#### **READING LIST**

Arts in Healthcare: 2009 State of the Field Report

Judy Rollins, Judy; Sonke, Jill; Cohen, Randy; Boles, Anita; and Li, Jiahan Judy Rollins, Judy;

Sonke, Jill; Cohen, Randy; Boles, Anita; and Li, Jiahan

**Publication Year: 2009** 

Arts in Healthcare is a diverse, multidisciplinary field dedicated to transforming the healthcare experience by connecting people with the power of the arts at key moments in their lives. This... Show More [] rapidly growing field integrates the arts, including literary

Show Less [

#### **ORGANIZATIONS**

#### ALLIANCE FOR INCLUSION IN THE ARTS

Alliance for Inclusion in the Arts promotes and advocates for full inclusion of artists of color and performers with disabilities at all levels of production in film, theater, television, and related media.

#### THE FOUNDATION FOR ARTS AND HEALING

The mission of the Foundation for Art & Healing is to use its position as a "bridge" to create and expand general awareness about art and healing, to bring forward through research and related explorations critical knowledge about art and healing and the relationship between them, and to help make this knowledge available at the individual and community level.

#### THANK YOU TO OUR SPONSORS



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This fact sheet was developed as part of the **Arts + Social Impact Explorer** 

