**IMPACT POINTS**

**73% said the arts provide meaning.**

The arts provide meaning in our lives. In a 2016 public opinion poll, 73% of Americans said that the arts provided meaning in their lives and were a positive experience in a troubled world.

**The arts improve your critical thinking by up to 18%.**

Just looking at art improves your ability to think critically. Students from high-poverty schools, according to one study, experience an 18% effect-size improvement in critical thinking about art after a 1 hour tour of a museum.

**45-55% decrease in risk of cognitive decline.**

Engaging in both craft- and social-based artforms has been shown to decrease your risk of developing cognitive impairment and decline as you get older.


**EXAMPLES OF PRACTICE**

**MONUMENT QUILT**

Standing Rock Indian Reservation

Monument Quilt is a project by artists Graci Horne and Rebecca Nagle that addresses sexual Violence against Native American women. Both artists also led a healing tent in Standing
A Subtlety

Brooklyn

A Subtlety by Kara Walker is a sculpture of a female Sphinx made of sugar inside Brooklyn's former Domino Sugar Factory. The project, also known as the Marvelous Sugar Baby, is an indictment of slavery and unfair work practices related to the sugar.

For the City

New York

Jenny Holzer's For the City was a series of moving projections, installed at the Rockefeller Center and The New York Public Library, where poems by Wis_awa Szymborska, Yehuda Amichai, Henri Cole, Mahmoud Darwish, and other writers moved across the

Rolling Rez Arts

Rapid City
Rolling Rez Arts is a state-of-the-art mobile arts space, business training center, and mobile bank on the Pine Ridge Indian Reservation

READING LIST

Arts Fact: Private Giving to Arts, Culture & Humanities: 2005 - 2015

Americans for the Arts, 2017
Publication Year: 2017

In 2015, private sector giving to the arts, culture, and humanities—by individuals, foundations, and corporations—was $17.07 billion, up 7.0 percent (6.8 percent when adjusted for inflation) from a revised $17.23 billion... Show More ▼ in 2014. This marked the

Show Less ▲

Life as Art: Aesthetics and the Creation of Self

Zachary Simpson Zachary Simpson
Publication Year: 2021

Life as Art looks at how to integrate the aesthetic emphases of meaning, liberation, and creativity into one’s daily life.

ORGANIZATIONS

DORIS DUKE CHARITABLE FOUNDATION

POLICYLINK

For centuries, low-income communities and communities of color have used arts and culture to navigate and survive systemic racism and oppression. These strategies are essential to retaining collective memory, promoting healing, and liberating the potential within all of us. PolicyLink believes that arts and culture is not only a strategy to achieve but also a core component of an equitable society.

PRISON ARTS COALITION

The Prison Arts Coalition is a national network providing information and resources for people creating art in and around the U.S. prison system.

THANK YOU TO OUR SPONSORS
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**LEARN MORE**

[AMERICANSFORTHEARTS.ORG/SOCIAL IMPACT](AMERICANSFORTHEARTS.ORG/SOCIAL IMPACT)

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